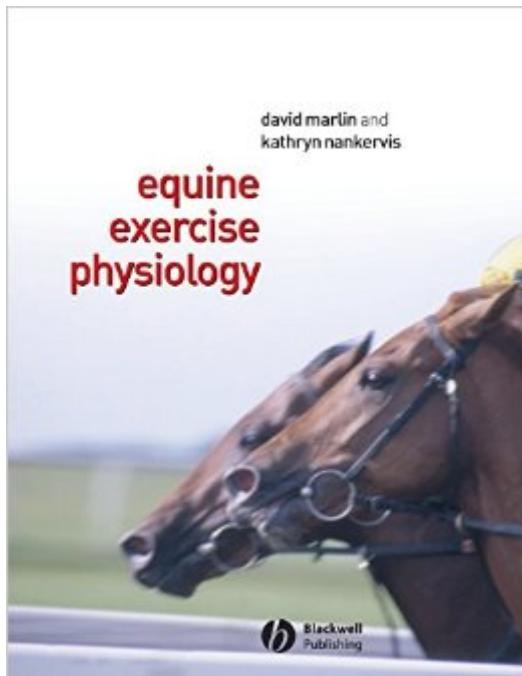


The book was found

Equine Exercise Physiology



Synopsis

Equine exercise physiology is an area that has been subject to major scientific advances over the last 30 years, largely due to the increased availability of high-speed treadmills and techniques for recording physiological function during exercise. Despite the scientific advances, many riders and trainers are still using little more than experience and intuition to train their horses. The aim of this book is to sort the fact from the fiction for the benefit of those involved in training, managing or working with horses, and to provide an up-to-date summary of the state of play in equine exercise physiology. Scientific theories are explained from first principles, with the assumption that the reader has no previous scientific background. The book is designed to save competitors and trainers a lot of time and effort trying to extract information in piecemeal fashion from a host of reference sources. For the first time, everything you need to know about exercising and training horses is here in one text.

Book Information

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Customer Reviews

My daughter has recently received her owner/trainer licence in Australia after years of breaking and pre-training racehorses. I have been purchasing several books through (books not easily available in Australia) regarding training and this one, with its easy to comprehend scientific approach to training is an excellent step up.

This is great book for those starting out in exercise physiology subjects or serious horse trainers

looking for an edge. Thoroughly recommend it, as its both informative yet easy enough for most people to understand.

Detailed information and a required textbook for 2 university papers that I passed, well written, great summary of key points at end of each chapter is very useful. A must-have for any owner/trainer/rider of sport or race horses

This book was required for my equine exercise physiology class. It is a very detailed and informative source, however it is hard to follow if you have a teacher who basically reads from the book or assigns chapters without outlining and going into detail about the material.

This book is awesome- it would be difficult to follow if you don't know the basics in Biology however some of it could be understood without. This book will forever change the way I approach conditioning my horse and also gave me a lot of respect for the demand we ask when we perform. I think people could learn SO MUCH from this and if they actually pay attention orient their conditioning program in a direction that emphasizes the longevity of soundness in their horse. Conditioning takes time- and a lot of injuries could be prevented if people took the time to do it the right way. Amazing book

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